



Children's Requirements for

Yellow Belt Series / Kyu kyu (Rank 9)

Yellow Belt	Stances-right & left fighting/horse/cesa/criss-cross/at-ease/attention
	Karate Questions & Japanese Counting 1-10
	Karate Book (entries)
Yellow Belt 1 Black Tip	Stances
	Sanchin (opening)
	Karate Book (entries)
Yellow Belt 2 Black Tips	Stances
	Sanchin (opening/turns)
	Karate Book (completion)

Children's Requirements for

Orange Belt Series / Hachi kyu (Rank 8)

Orange Belt	Yellow Belt Requirements
	Sanchin (complete)
	Exercises (Hook Punch)
Orange Belt 1 Black Tip	Sanchin (complete)
	Kanshiwa (turn/block/punch)
	Exercises (Hook Punch, Front Punch)
Orange Belt 2 Black Tips	Sanchin (complete)
	Kanshiwa (forward)
	Exercises (Hook Punch, Front Punch) Karate Book Completion



Children's Requirements for

Purple Belt Series / Sichi kyu (Rank 7)

Purple Belt	Sanchin
	Kanshiwa (forward/backward)
	Exercises (Hook Punch, Front Punch, Side-foot kick)
Purple Belt 1 Black Tip	Sanchin
	Kanshiwa (complete)
	Exercises (Hook Punch, Front Punch, Side-foot kick, Front Kick)
Purple Belt 2 Black Tips	Sanchin
	Kanshiwa
	Exercises (add 4 Knuckle block/punch, Block/chop/ back fist, shoken)
	Kumite 1 (sequence) Karate Book Completion



Children's Requirements for

Blue Belt Series/Advanced Sichi kyu (Rank 7)

Blue Belt	Sanchin
	Kanshiwa
	All Exercises
	Kumite 1 (proficient)
Blue Belt 1 Black Tip	Sanchin
	Kanshiwa
	Kanshiwa Bunkai (open) & All Exercises
	Kumite 2 (sequence)
Blue Belt 2 Black Tips	Sanchin
	Kanshiwa
	Kanshiwa Bunkai (sequence) & All Exercises
	Kumite 2 (proficient) Karate Book Completion



Junior's Requirements for

Yellow Belt Series / Kyu kyu (Rank 9)

Yellow Belt	Exercises- Hook Punch, Front Punch, Side-Foot Kick, Front Kick
	Sanchin (open)
	Karate Questions & Karate Book
Yellow Belt 1 Black Tip	Excercises- same 4 as above
	Sanchin (complete)
	Karate Questions
Yellow Belt 2 Black Tips	Exercises- Four Knuckle Block, Block/Shuto/Punch/Shoken
	Sanchin (complete)
	Karate Questions & Karate Book

Junior's Requirements for

Orange Belt Series / Hachi kyu (Rank 8)

Orange Belt	Exercises- same 6 for Yellow Belt
	Sanchin
	Kanshiwa (open)
Orange Belt 1 Black Tip	Exercises- Elbow Strikes, Eye Strikes
	Kanshiwa (turns) & Kumite 1 (single)
	Karate Questions & Karate Book
Orange Belt 2 Black Tips	Exercises- same 8 as above
	Kanshiwa (complete) & Sanchin
	Kumite 1 (partner) & Karate Book & Questions



Junior's Requirements for

Purple Belt Series / Sichi kyu (Rank 7)

Purple Belt	Exercises- Wrist Blocks
	Sanchin & Kanshiwa
	Kumite 1 Karate Questions & Karate Book
Purple Belt 1 Black Tip	Exercises- first 10
	Sanchin & Kanshiwa
	Kanshu (open)
	Kumite 1 Karate Questions & Karate Book
Purple Belt 2 Black Tips	Exercises- first 10
	Sanchin & Kanshiwa
	Kanshu (turn)
	Kumite 1 & Kumite 2 (single) Karate Questions & Karate Book



Junior's Requirements for

Blue Belt Series / Sichi kyu (Rank 7)

Blue Belt	Exercises- Tenshin
	Sanchin & Kanshiwa
	Kanshu (complete)
	Kumite 1 & Kumite 2 (partner) Karate Questions & Karate Book
Blue Belt 1 Black Tip	Exercises- all
	Sanchin & Kanshiwa
	Kanshu
	Kumite 1 & 2 Karate Questions & Karate Book
Blue Belt 2 Black Tips	Exercises- all
	Sanchin & Kanshiwa & Kanshu
	Kumite 1 & 2 Karate Questions & Karate Book

	Kanshiwa Bunkai (open)
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Junior's Requirements for

Green Belt / Rok kyū (Rank 6)

Green Belt	Sanchin
	All Exercises
	Kumite 1 & 2
	Kanshu
	Kanshiwa Bunkai (forward)
	Uechi-ryū Karate History
	Kanshiwa

	Karate Book Completion
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Junior's Requirements for

Green Belt- 1 Brown Tip / Go kyu(Rank 5)

Green Belt 1 Brown Tip	Sanchin
	All Exercises
	Kumite 1 & 2
	Kanshu
	Kanshiwa Bunkai (forward)
	Uechi-ryu Karate History

	Kanshiwa
	Karate Book Completion



Junior's Requirements for

Green Belt- 2 Brown Tips

Yon kyu (Rank 4)

Green Belt 2 Brown Tips	Sanchin & Kanshiwa & Kanshu
	All Exercises
	Kumite 1 & 2 & 3
	Sparring
	Kanshiwa Bunkai (complete)

	Uechi-ryu Karate History
	Seichin (open)



Junior's Requirements for

Brown Belt / San kyu (Rank 3)

Brown Belt	Sanchin & Kanshiwa & Kanshu
	All Exercises
	Kyu Kumite (1-3)
	Sparring & Kotikite
	Kanshiwa Bunkai (complete)

	Uechi-ryu Karate History
	Seichin



Junior's Requirements for

Brown Belt 1 Black Tip- Ni kyu (Rank 2)

Brown Belt 1 Black Tip	Sanchin & Kanshiwa & Kanshu & Seichin
	All Exercises
	Kyu Kumite (all)
	Sparring & Kotikite
	Seisan Bunkai (open)

	Uechi-ryu Karate History
	Seisan (open)



Junior's Requirements for

Brown Belt -2 Black Tips- 1k kyu (Rank 1)

Brown Belt 2 Black Tips	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
	Kyu Kumite
	Sparring & Kotikite
	Seisan Bunkai (complete)

	Uechi-ryu Karate History
	Seisan



Junior's Requirements for

Junior Black Belt (Black Belt/White Stripe)

Junior Black Belt	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
	Kyu Kumite
	Sparring & Kotikite

	Seisan Bunkai (complete)
	Uechi-ryu Karate History
	Seisan



Junior's Requirements for

Advanced Junior Black Belt (Black Belt/Green Stripe)

<p>Advanced Junior Black Belt</p> <p>Note: student must earn 5 green tips as a Junior Black Belt in order to test</p>	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
	Dan Kumite (1-3)
	Sparring & Kotikite

for this rank

Seisan Bunkai (complete)

Uechi-ryu Karate History

Seisan



Junior's Requirements for

Probationary Black Belt (Black Belt/Brown Stripe)

Sanchin & Kanshiwa
Kanshu & Seichin

All Exercises

Dan Kumite

Sparring & Kotikite

Advanced Junior Black Belt

**Note: student must earn 5 brown tips
as an Advanced Junior Black Belt in
order to test for this rank**

	Seisan Bunkai (complete)
	Uechi-ryu Karate History
	Seisan



Junior's Requirements for

Black Belt - SHODAN

SHODAN	Sanchin
	All Exercises
	Dan Kumite
	Sparring & Kotikite

Note: Students must be age 17 and have spent 1 year as a Probationary Black Belt and have earned 5 black

tips

Seisan Bunkai

Uechi-ryu Karate History

Seisan